

# COVID-19 UPDATE

## TEMAGAMI UPDATE # 52 on COVID-19

March 4, 2021

CURRENT ACTIVE CASES				
Timiskaming	Timmins/Porcupine	Sudbury	North Bay / Parry Sound	Algoma
5	15	124	6	5
TOTAL ACTIVE CASES IN NORTH EASTERN ONTARIO 155				

**Timiskaming's zone is: GREEN – PREVENT  
GREEN DOES NOT MEAN GO!**

**REMAIN VIGILANT: Together let's keep Ontario Safe and Open**

**COVID-19 VACCINE** Timiskaming Health Unit is in the process of planning to offer the Moderna vaccine to prioritized groups. Prioritization will be based on direction from the province and other factors. Dates may change and will depend on vaccine supply and shipments.

For more information visit: <https://www.timiskaminghu.com/399/home>, <https://covid-19.ontario.ca/covid-19-vaccines-ontario>

### **Outbreak declared at Kirkland Lake Gold**

On March 3, 2021 Dr. Glenn Corneil, Acting Medical Officer of Health and CEO for the Timiskaming Health Unit, declared an outbreak of COVID-19 at Kirkland Lake Gold.

For more information visit: <https://www.timiskaminghu.com/399/home>

### **Please only go outside of the District for medical appointments**

There are variants of concern that kept the North Bay/Parry Sound Health Unit area under the Stay at Home Order and now there are cases surging in Sudbury with 112 confirmed cases and results of 900 more tests still to come. Now is the time to stay in our area, or preferably at home, and do what we can to keep Timiskaming in the Green Zone.

<https://www.timiskaminghu.com/90526/How-can-I-stop-the-spread-of-COVID-19>

**PHYSICAL ACTIVITY DURING THE COVID-19** Physical activity and getting fresh air are important for our overall physical and mental wellness. There are ways to be active either at home or outside while keeping physical distance and being **COVID-Wise**.

THU provides COVID-19 Information and Resources visit: <https://www.timiskaminghu.com/399/home>

### **ASSISTANCE WITH STRESS, ANXIETY AND FOOD SECURITIES**

**Bounce Back** – [www.bouncebackontario.ca](http://www.bouncebackontario.ca)

**Seniors Centre Without Walls** 1-800-361-5820

**Big White Wall** – [www.bigwhitewall.com](http://www.bigwhitewall.com)

**THU Community Supports** – <http://www.timiskaminghu.com/90490/Community-Supports>

**Temagami Food Bank** – 705-569-2586

**If you think you have any symptoms of COVID-19 or are concerned that you have been exposed, please call your local Assessment Center (AC) for testing.**

The Temagami and Area Assessment Centre at 705-569-3244 or  
Temiskaming Shores and Area Assessment Center at 705-648-1844

**For more information or questions related to Covid-19 call the THU COVID-19 Line.**

705-647-4305, Ext. 7 | 1-866-747-4305, Ext. 7

Monday to Friday – 8:30 a.m. - 4:30 p.m. | Saturday and Sunday – 9 a.m. – 12 p.m.

The Municipal Office is accessible via scheduled appointments, telephone and by doorbell located at the exterior doors. Temagami Public Library is available by contactless pick-up only, please call at 705-569-2945 to place a curbside order.

**Stay HOME | Stay SAFE | Save LIVES**

[www.Temagami.ca](http://www.Temagami.ca)  
(705) 569-3421

IF YOU WISH TO RECEIVE THESE UPDATES BY EMAIL  
PLEASE EMAIL [COMMUNICATE@TEMAGAMI.CA](mailto:COMMUNICATE@TEMAGAMI.CA)

