

Introduction

The Temagami region contains numerous patches of old growth White and Red Pine forests, perhaps the largest concentration found in temperate climates.

Less than 2% of these Pine forests remain today because they are valued for their timber.

The old growth Red and White Pine remaining here in the White Bear Forest provide an example of the type of forest that was more widely distributed throughout parts of Ontario when the European settlers arrived in Canada.

Many of the trails of Caribou Mountain and the White Bear Forest offer hikers an opportunity to travel through a forest, that has never been logged or mined, and remains as a self sustainable ecosystem, with flora and fauna that are unique to old growth forests, containing trees that are between 150 - 350 years in age.

The forest is the traditional land of the White Bear family and their descendants are members of the Temagami First Nation. Archeological evidence indicates that the portages between Snake Island Lake and Cassels Lake are about 3,000 year old.

Caribou Mountain and the White Bear Forest were protected as a Conservation Reserve, by the Ministry of Natural Resources, in 1996.

A new fire tower lookout and observation decks were built by the Municipality of Temagami shortly after, offering visitors, a unique 360° view of the surrounding forest and lakes.

Visitors are encouraged to explore the trails on snowshoes or cross - country skis during the winter months.

For further information visit the Temagami Information Centre
1-800-661-7609, www.temagamiinformation.com.

For historical information visit the website run by Ancient Forest Exploration and Research: www.ancientforest.org

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Temagami Old Growth Trail Partnership

The trail signage, maps, kiosk, interpretive descriptions and dock were made possible by generous donors. Please help us support the trail network with a donation.

Go to: www.temagamicommunityfoundation.com or www.canadahelps.org to make an online donation and receive a tax receipt.

Trail maintenance is done by volunteers.



Pictures courtesy of Gooderham Photography
www.gooderham.photoshelter.com



EXPERIENCE

Temagami



White Bear Forest Old Growth Trails